

Nottingham HF Rambling Club

Newsletter Dec' 25 - Jan' 26



www.nottinghamhframblingclub.co.uk

Officers and members of the committee: President -Warren J, General Secretary -Jane R, Treasurer -Anca V, Rambles Secretary -Teresa M, Newsletter -Svetlana Z, Holidays & Websites -Yvette G, Wednesday Events -Jane R. Contact the committee by email: nottinghamhframbling@gmail.com or phone/text 07896725396.

Coach Rambles

You can now book on the coach using our website <https://www.nottinghamhframblingclub.co.uk>.

Go to the walks tab and click on the RSVP button for the relevant walk, and you will be shown more information. Click RSVP on the page of the walk you have chosen and you will be prompted to enter contact details and where you want to get on the coach. You can also still reserve your seat by phoning Gillian and David W. on 0115 9568375 if you prefer. The best time to phone is in the evening. Please give your name, the date of the walk, your contact details and the pick-up point at which you want to get on the coach when phoning them. If you turn up on the day without having booked a place on the coach we may have to turn you away. Please inform us if you wish to CANCEL your booking not later than the Thursday before the walk, using the email address or phone number above.

The cost of the Sunday coach rambles is now £13 for members and £15 for non-members. This still represents great value for money. It would be helpful if everyone could bring the correct amount in cash to make things easier for the volunteers collecting the fares at the end of the day. Anyone who comes on a walk but does not travel on the coach will be charged £5. Payment in cash should be made to the leader of the walk.

Unless otherwise stated, the coach picks up at County Hall (usually free parking), West Bridgford at 9am, Bus Stop on Maid Marian Way going North (just round the corner from Mount Street) at 9.15am, then the Nuthall Pub bus stop on the A610 going North (free parking on the slip road to Phoenix Park Tram Terminus opposite) at 9.25 am. Please specify pick-up point when booking. Pre-booking is essential. There is an option for a pick-up in Keyworth /Tollerton (pick-up time 8.40am) but this **must** be requested in advance when booking. In the event of bad weather, please contact the organiser before leaving home.

Wear suitable clothing and walking boots dependent on the weather that day.

Wednesday Car/Public Transport Rambles. Unless otherwise stated these are circular walks sometimes with an optional pub lunch. Please arrive 5-10 minutes before the time advertised for the start of the walk.

2025 NOTTS HF RAMBLING CLUB AGM

PLEASE COME AND TAKE PART - The committee would be interested in what you have to say about club policy and any suggestions you may have for social outings and walks.

The AGM will now be held on SATURDAY 22nd NOVEMBER 1pm for 1.30pm start, finish by 3pm. It is to take place at Middle Street Resources Centre, Beeston, Notts, NG9 2AR.

Coffee, tea, cold drinks with some biscuits and cakes, will be provided by the club in the **Large Activity Room** which is to the right as you enter the centre. Go through the cafe and on to the side corridor the door is half way along the corridor on the left. Ask at reception if you get lost. There is a bus stop and tram stop just by the entrance to the centre. Get trams to Toton Lane from Nottingham and get off at the Middle Street stop on the way into Beeston. Alternatively, catch the TrentBarton 'Indigo' from Nottingham or the NCT bus 36, they both stop outside the centre. There is also a car park at the front and rear of the centre.

Teresa M will be resigning from the Rambles Secretary post at the AGM in November and the club is looking for someone or maybe 2 people to take on the role. It involves finding leaders for the coach rambles. The walk leaders will produce their own routes. Then checking the numbers on the coach. In October/November putting together the walks programme for the following year, with the help of other committee members. Liaising with the bus company. **If you are interested in taking on the role or want to know more, contact me.** I will of course help you as much as I can. **Teresa M**

We also need someone to take over the role from David & Gillian W. of main phone contact when booking on the Sunday coach rambles.

Walks Programme

Wednesday 10th December Beeston Lock – Attenborough Nature Reserve Car/Bus Ramble

Leader: Dennis G.

Directions by car: Please park at side of canal, on South Road about 50 metres before the lock. No parking at the Heritage Centre. Post Code NG9 1LZ, GR 543 357.

Directions by bus: Take a CT4N bus: number 18 from the Bus Stop (B1), Beeston Market Hill in Nottingham to Canal Side (Sw-Bound), Beeston Rylands. Buses are once an hour, best bus at 9.45am from Nottingham arriving Beeston Rylands at 10.10am approx.

Arrive 10.15am for 10.30am start. Please arrive at the Canalside Heritage Centre earlier to take food orders. Distance: **5 miles.** Starting from the Canalside Heritage Centre, Weir Cottages, Canal Side, Beeston Rylands, over the small bridge just before the lock on the right looking over the weir. Great walk taking in Beeston Rylands, Attenborough village, Attenborough Nature Reserve Centre, nature trails with return by the side of the Trent. All on the flat with toilet stops at both centres. **Lunch at Heritage centre.** The centre offers hot and cold food. You cannot eat your own food on the premises. They have asked for pre-order and prepayment on the day. Other options are available such as a bar and a cafe nearby. Some seating outdoors.

Non-walkers are invited to join us for lunch. Please advise the organiser in advance.

Sign up for the walk on our new club website or phone/text Jane R. Mob: 07896725396

Sunday 14th December

Wirksworth

Coach Ramble

'L' party – Warren J

10 miles. Wirksworth, Gorsey Bank, Lane End, Alton Mill, Kirk Ireton, Carsington Water, Wirksworth.

'M' party – Yvette G and Brenda R

7.5 miles. Shorter version of the above.

'S' party – TBC

6.5 miles. Shorter version of the above.

Reserve your seat by signing up on our new club website

or phone/text Jane R. Mob: 07896725396. Picnic lunch for all parties.

Sunday 28th December

No coach

Wednesday 7th January

Nottingham Lace Market, Canal and the Park

City Walk

Leader Chris T - Mob: 07546834545

Meet at the Brian Clough Statue off the 'Old Market Square'

Walk starts at 10.15am for 10.30am from the Brian Clough Statue off the 'Old Market Square' through the Lace Market with a 'Surprise Garden' by kind permission of Nottingham City Council, down the Hollow Stone to the Canal and on to Nottingham Park. Back to the City Centre via the Tunnel to Derby Road. Plenty of eating places in town. *Non-walkers are invited to join us for lunch. Please advise the organiser in advance*

Sign up for the walk on our new club website or phone/text Jane R. Mob: 07896725396

Sunday 11th January

Rowsley

Coach Ramble

'L' party – Warren J

10 miles. Darley Dale, Oaker, Wensley, Birchover, Stanton Moor, Rowsley.

'M' party – Teresa M

7.5 miles. Shorter version of the above.

'S' party – Jane R

6.5 miles. Shorter version of the above.

Reserve your seat by signing up on our new club website

or phone/text Jane R. Mob: 07896725396. Picnic lunch for all parties.

Wednesday 21st January

Underwood – Brinsley Circular

Car/Bus Ramble

Leader: Jane R

Direction by car: arrive by 10.15am. Underwood, Main Road, Notts, NG16 5GQ. Parking is free on the side lane going off from the main road, opposite the school on the bend.

Directions by Bus: Catch the TrentBarton Rainbow One to Alferton via Selston from Nottingham at 9.10am – Victoria Centre Bus Station or Upper Parliament Street. Get off at the Felley Hill stop Underwood (arrives about 10am) and walk a few yards back down the road and turn right into Underwood and keep following the road. It is about a five minute walk to the meeting point on the bend by the Primary School.

Start time: Please arrive by 10.15am for a 10.30am start. Meet on the bend opposite the primary school in Underwood, Main Road, Notts, NG16 5GQ.

Walk: Approx 5/6 miles: Underwood, Brinsley and back. Mainly walking on tracks on the side of fields or along country lanes. A few difficult stiles to negotiate, and a gentle uphill bit into Brinsley. We will take our time though, no hurry. Lunch: Possibly half way round at Brinsley Lodge or at the Hole in the Wall Pub, Underwood, at the end - decide on the day. *Non-walkers are invited to join us for lunch. Please advise the leader in advance.*

Sign up for the walk on our new club website or phone/text Jane R. Mob: 07896725396

Sunday 25th January

'L' party – Warren J

'M' party – Glenis K

'S' party – TBC

Matlock

10 miles. Ambergate, Fritchley, Park Head Wheatcroft, Dethick, Tansley, Matlock.

7.5 miles. Shorter version of the above.

6.5 miles. Shorter version of the above.

Coach Ramble

Reserve your seat by signing up on our new club website

or phone/text Jane R. Mob: 07896725396. Picnic lunch for all parties.

Welcome to New Members

We have had **three** new members join the club since the last newsletter: **Dan W, John S. and Fiona H.** They are very welcome additions to the club.

Next Committee Meeting

The next committee meeting is on **Wednesday 5th November**. If any member wishes to raise a topic for discussion, please let any committee member know.

Feb-Mar 2026 Newsletter

The next newsletter will be published in mid-January. Items for inclusion should be submitted to the editor NO LATER THAN 27th December 2025

CLUB HOLIDAYS

NEW: Small Group Club Holiday Weekend 19th-21st June 2026 Castleton

Situated in the heart of the Peak District National Park, [YHA Castleton Losehill Hall Hostel | Cheap Peak District Accommodation](#) is a fully refurbished gothic mansion, set within 27 acres of parkland and offering stunning views across its picturesque surroundings.

There are various options for accommodation, such as £50 per person per night for an ensuite dorm of 4; £125 for an ensuite single room, or camping at £15 a night. Booking early is recommended as the rooms do fill up. Yvette will organise the shared rooms. There is a self-catering kitchen so you can take your own breakfast and make lunch easily, though you can also purchase breakfast to eat in (£5.95 continental; £9.95 cooked). We will eat at the hostel one night (mains are between £9 and £13), and at a pub / restaurant in Castleton on the other night (to be decided).

Yvette will be leading a medium level walk on the Saturday and Sunday from the youth hostel, starting at 9am each day, and there will also be a shorter walk on the Friday afternoon. **We are looking for leaders for short and long walks on the holiday.**

For further information, or for a place in a shared room, please contact Yvette G, text 07946 857080. Or contact through the club email at the beginning of the newsletter or speak to Yvette G on the club Sunday coach rambles

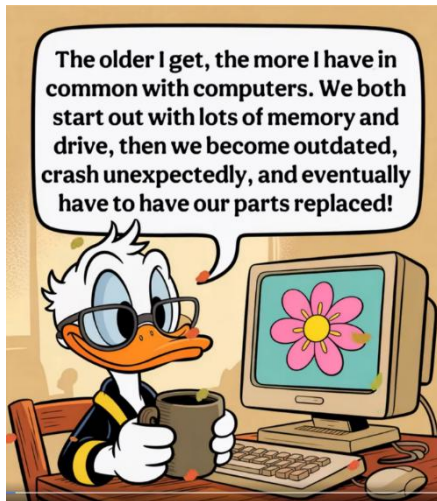
Club Group Walking Holiday Planned for Spring 2026

11 people now have a confirmed booking on the 7 day guided walking holiday staying at the HF Holidays' centre at Church Stretton. It begins on the 3rd April 2026. **It is not too late to book on this holiday.** Anyone who comes with us will be entitled to the group rate - however this is of course subject to room availability, and single rooms especially do go quite quickly. We will be paying the group rate of **£969 for a single room**. The brochure price of this holiday for a single room is £1119. If you are an HF holidays member you will get an extra £30 off your holiday. A deposit of £100 is required to secure your place. The idea is that we should arrange car share to keep down costs.

The Long Mynd House at Church Stretton is undergoing very extensive refurbishment. Initially HF had the property on a lease but have now bought it and they are spending heavily. This should be a lovely place to stay. See [Why you need to visit the new and improved Longmynd Hotel - HF Holidays.](#)

For further information please contact Yvette G, text 07946 857080. Or contact through the club email at beginning of the newsletter or speak to her on the club Sunday coach rambles.

A Bit of Humour



When squirrels come across an especially spectacular nut, they'll often gather and stare in amazement... very similar to how they're looking at you right now.



Food for Thought

A Little Poem For Seniors

Another year has passed
And we're all a little older.
Last summer felt hotter
And winter seems much colder.

There was a time not long ago
When life was quite a blast.
Now I fully understand
About 'Living in the Past'

We used to go to weddings,
Football games and lunches..
Now we go to funeral homes
And after-funeral brunches.

We used to go out dining,
And couldn't get our fill.
Now we ask for doggie bags,
Come home and take a pill.
We used to often travel
To places near and far.
Now we get sore asses
From riding in the car.

We used to go to nightclubs
And drink a little booze.
Now we stay home at night
And watch the evening news.

That, my friend is how life is,
And now my tale is told.
So, enjoy each day and live it up...
Before you're too damned old!

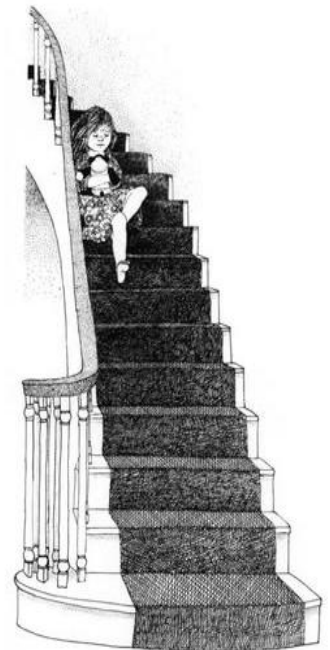


www.words-to-heal-the-soul.com

Halfway Down by A. A. Milne

Halfway down the stairs
is a stair
where i sit.
there isn't any
other stair
quite like
it.
i'm not at the bottom,
i'm not at the top;
so this is the stair
where
I always
stop.

Halfway up the stairs
Isn't up
And it isn't down.
It isn't in the nursery,
It isn't in town.
And all sorts of funny
thoughts
Run round my head.
It isn't really
Anywhere!
It's somewhere else
Instead!



Help a Teacher

Computer Problems? NO PROBLEM! Use this manual data entry device.

P.E.N.C.I.L.

Personal Emergency Non-Computerized Information Lifesaver

